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## Words of Wisdom

Wearing down seven number-two pencils is a good day's work. Ernest Hemingway.

## OOTB Program Lineup 2016/17

**July 16, Meeting.** Bring in a piece you have done that you feel worked well, a piece that did not work and a piece that is just plain ugly, so we can have a good laugh. Be ready to critique the three pieces telling us in your opinion why the first one worked. What did not work about the second one and what you would do differently if you were to do it over again. About the third one that turned out just plain ugly, well, have a sense of humour about it and hopefully we will learn from our mistakes.

**August 20, Meeting:** Bring in a piece or up to 3 pieces that were inspired by a trip. Be ready to share with the group what you loved about the trip and in particular what inspired you to make this piece (these pieces).

**September 17, Workshop.** Nuno Felting Workshop with Wendo Van Essen

Held at Kitchissippi United Church

Time probably 10:00-1:00pm but not yet decided.

Cost \$60.00.

Supply fee of \$30.00 to be paid to Wendo.

Wendo will supply nice coloured silk scarves to use and some other needed supplies.

**September 17, Meeting:** Welcome new members and explain OOTB activities. Fibre Fling slide show.

**October 15, Meeting.** Presentation and trunk show by indigenous artist/beader Naomi Smith.

**October 22, Playdate.** Linda DeVerno, wool appliques.

**November 19, Meeting.** Presentation and trunk show by Elaine Quehl.

**November 26, Playdate:** Christine Johnson, to be finalized.

**December 17, Meeting.** Bring in your Christmas inspired works to share with the group.

**January 21, Meeting:** Antiques: Bring in your first or at least oldest piece of fibre art to show and talk about.

**January 28, Playdate.** Janet Tulloch, wet felting.

**February 18, Meeting:** Fibre Fling instructions.

**March 18, Meeting:** Pat Hardie and Connie ten Bruggenkate will tell us a bit about how to do Snow Dyeing accompanied by some slides of the process and examples of final results.

**March 25, 2019, Playdate:** to be finalized

**April 15, Meeting:** Francis Taylor will treat us to a talk and trunk show of her Wearable Art.

**April 22, 2019, Playdate:** to be finalized

**May 20, Meeting:** Ontario artist Bridget O'Flaherty will give a talk and trunk show entitled "My Journey as an Artist".

**May 27, 2019: Playdate:** Edwina Sutherland, doll making. [Http://edwinasutherland.blogspot.com](http://edwinasutherland.blogspot.com)

**June 17, Meeting:** Artist, Bethany Garner, will give a talk and trunk show entitled "My Journey to Art Quilts".

## Nuno Felting Workshop

With Wendo Van Essen

When: Monday, September 17, 2018 from 1:00pm to 4:00pm

Where: Kitchissippi United Church

Cost: \$60.00

Supply Fee: \$30.00 payable directly to Wendo on the day of the Workshop.

### NOTES:

For info on registering please email [Cheryl.brooks50@yahoo.ca](mailto:Cheryl.brooks50@yahoo.ca)

There is a limit of 12 participants for the Workshop so register soon!!

## Playdates

Three playdates are planned for each session at a cost of \$10 per playdate or \$25 when you register for a full session. The new hours this year will be 10:00-4:00. Registration is now open for session1 register at a

meeting or by contacting Lynn Keeler at 614 224-9472 or [anottawagirl@yahoo.ca](mailto:anottawagirl@yahoo.ca)

### Session 1

Monday October 22/18 Linda DeVerno, wool appliques.  
Monday November 26/18 Christine Johnson, Art Journaling – Explorations in the creative process.  
Monday January 28/19 Janet Tulloch, wet felting.

### Session 2

Monday March 25/19 to be finalized.  
Monday April 22/19 to be finalized.  
Monday May 27/19 Edwina Sutherland, doll making. [Http://edwinasutherland.blogspot.com](http://edwinasutherland.blogspot.com)

## OOTB Website

Focus on Fibre Links from MaryAnne Toonders

To make clothing, you need fabric to make fabric, you need thread to make thread, you need fibres.

Petroleum derived fibres (60% of fibres used) are not biodegradable and causes problems at the end of the cycle. Conventional cotton (30% of textile) requires a lot of pesticides and insecticides and is also very water-intensive. That means all other fibres make up only 10%.

In an on-line search, I learned of some companies experimenting with alternatives. Among others, this includes milk, fruits and mushrooms.

Today's milk fibre is environmentally friendly, high strength & much superior compared to man-made fibre. Milk protein fibre is healthy for skin, comfortable, with bright colors due to good dyeability, etc. The milk protein fiber can be spun purely or spun with cashmere, silk, spun silk, cotton, wool, ramie and other fibres to weave fabrics.

Pineapple, coconut and banana are a few of the plant materials often considered waste, but which can be turned into fibres and made into clothing or other products in a sustainable way.

A 100% biodegradable material based on mycelium, the root of mushrooms has been developed to create a sustainable fabric. The fabric is sustainably grown in a lab, so resources are minimized, less water used and no chemicals or pesticides. Garments or other products are simply buried in the ground and to decompose.

Find out more about out these products via the OOTB Resource page – <http://www.out-of-the-box.org/resources.html>

## Member submission to Hoffman challenge

So excited, my fish piece (Beautiful Fish Pond) has been sent to Hoffman for physical judging. Waiting for the answer, if it will travel. Loree Tannett



## Summer Fibrations updates:

*Connected by a Thread* is the first of three parts to "Summer Fibrations"- the June 2019 OOTB show at the Mississippi Textile Museum. For those who missed the June meeting, the second Challenge is the Grande and Mini Summer Colours with the third Challenge being the Independent pieces. Information about the first two parts as well as some general information was sent to members on June 22 and is also available on the OOTB web site. Details regarding the Independents will be presented at the November 19<sup>th</sup> meeting.

The deadline for submission to the *Connected by a Thread* portion is now closed. Many thanks to the 16 individuals and two groups who have committed to Challenge #1. Finished pieces are due at the September 17 meeting.

Sign up for the Summer Colours began at the June meeting and will continue in July and August or by email to: Rita- [ritarottman@sympatico.ca](mailto:ritarottman@sympatico.ca).

**The Grande's are all taken except the bright green.** Although, if you want to do a Grande, let us know and you will be put on the waiting list. We may be able to open up another board.

### There is lots of room for Mini's in all colours.

To help members, photos of the boards of samples are included in this newsletter but remember that cameras and computer monitors affect the colour shown. Please go by the paint chip and/or DMC floss. The chart is also reproduced below. Remember that when you look at the piece, we want your chosen colour to be the dominate one. We have not suggested a percentage as that is not

a true indicator of dominance. Some colours dominate in smaller proportions than others.



| Summer Bright Palette | Paint Chip #               | DMC embroidery floss # | Fabric lines       | Seed Beads   |
|-----------------------|----------------------------|------------------------|--------------------|--|
| Bright Yellow         | Behr PPU6-6 Honey Locust   | 743 or 444             | Kona Cotton Citrus | Czech 1194 Yellow Trans<br>Czech 29358 Lemon Yellow<br>Mt AB |
| Bright Blue           | Behr PPU15-05 New Age Blue | 158                    | Kona Cotton Lapis  | Toho 48L Periwinkle OP                                       |
| Bright Red            | CIL R47 Cherry Red         | 498                    | Moda Grunge        | Toho 45AF Lt Red OPM   |
| Bright Green          | Behr MQ6-52 Lucky Clover   | 905                    | Northcott Toscana  | Toho 47 Brt Green OP   |

| Summer Soft Palette | Paint Chip #                | DMC embroidery floss # | Fabric lines       | Seed Beads                        |
|---------------------|-----------------------------|------------------------|--------------------|-----------------------------------|
| Soft Yellow         | Behr PPU6-14 Charismatic    | 774 or 3821<br>Or 3822 | Moda Grunge        | Czech 1427 Yellow Pearl           |
| Soft Blue           | Behr PPU15-06 Neon Blue     | 793                    | Maywood Shadowplay | Toho 146F Ceylon Glacier M        |
| Soft Red            | CIL R34 Red Rose            | 309 or 347             | Moda Dot Grunge    | Toho 5F Ruby Hyacinth Trans Matte |
| Soft Green          | Behr M340-5 Fresh Artichoke | 471                    | Maywood Shadowplay | Toho 15F Citrus Tr Mt             |

Some questions have been asked and the issues may be ones you are wondering about as well.

- 1) You do not need to follow a summer theme. Any subject is good as long as it is family friendly and original material.
- 2) You do not need to use only the colours we selected *except* for the main colour you choose. You can use any other colours with your main colour.
- 3) We do not anticipate any frames on these challenge pieces. If you want to frame your piece, please do so after the exhibition.
- 4) If you are doing a Grande, consider using a gallery depth canvas as the thinner canvas tends to warp over time and will not stand up to heavy weight on the surface.

5) You do not need to use the same fabric as on the sample boards. You can make/dye your own fabric, use fabric from another company or use no fabric at all.

6) You do not need to use the beads or floss. These are just samples to show you the range of materials that are available in the summer colours.

**You can sign up for the Mini Summer Colours at the July and August meetings.** While Garrie and Rita will not be at the meeting in July, Meredith will have The Sign-up sheets, and sample boards and paint chips.

### **Key Dates:**

#### Grande Impressions:

**Due** at the OOTB meeting on November 19<sup>th</sup>, 2018 (Show and Tell)

#### Mini Impressions:

Sign Up for OOTB members began at the June meeting and continues.

Opening Sign Up date for new members: OOTB meeting September & October,

All Mini's **Due** at the OOTB meeting on January 21<sup>st</sup>, 2019

The three of us Meredith, Garrie, and Rita look forward to seeing what you create for this exciting opportunity to showcase OOTB at the Mississippi Valley Textile Museum.

### **Planning Committee**

|                     |  |
|---------------------|--|
| PC Convenor         | Sharon Johnson & Nancy Garrard   |
| Programs            | Madeleine Rousseau, Lynn Keeler, Nancy Scott, Cheryl Brooks, Linda DeVerno |
| Secretary           | Nancy Leigh-Smith  |
| Membership          | Val Rochester  |
| Treasurer           | Marilyn White  |
| Web-coordinator     | MaryAnne Toonders  |
| Newsletter          | Helen Gordon   |
| Library             | Rita Rottman   |
| Publicity/Marketing | Lorraine Lacroix   |
| Exhibitions/Shows   | Connie ten Bruggenkate, Debbie Boyd-Chisholm, Sheree Bradford-Lea          |
| Contacts:           | <a href="mailto:info@outofthebox.org">info@outofthebox.org</a>             |