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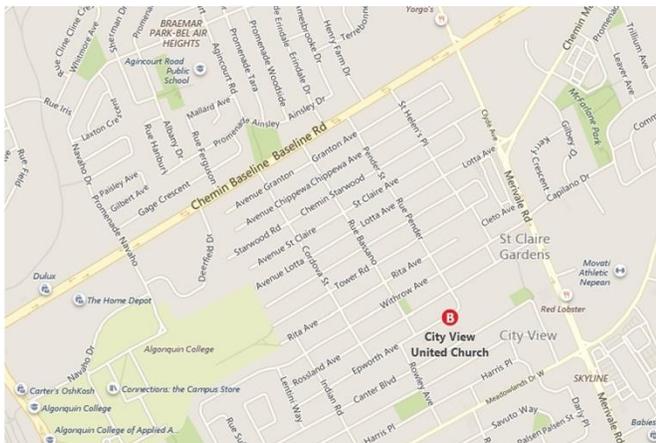
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Words of Wisdom

Get in over your head as often and as joyfully as possible
 – Alexander Isley

Change of Meeting Venue

Please note our new location for monthly meetings. It is at City View United Church, 6 Epworth Ave, Nepean ON K2G 2L5, between Baseline, Clyde/Merivale, and Meadowlands. Due to other church commitments we will not be able to meet in December.



OOTB Program Lineup 2016/17

November 19, Meeting: Presentation and trunk show by Elaine Quehl. Stittsville Library Show Drop-off

November 26, Playdate: Christine Johnson, Art Journaling – Explorations in the Creative Process.

December 1-30, Show: Stittsville Library, Favourite Quote.

December 17, No Meeting: Our new venue is not available

2019

January 21, Meeting: Antiques: Bring in your first or at least oldest piece of fibre art to show and talk about. Mini Summer Fibrations due.

January 28, Playdate: Janet Tulloch, wet felting, more information to come.

February 18, Meeting: Fibre Fling instructions.

March 18, Meeting: Pat Hardie and Connie ten Bruggenkate will tell us a bit about how to do Snow Dyeing accompanied by some slides of the process and examples of final results.

March 25, Playdate: to be finalized

April 5-6, Show: Fibre Fling 19 at Kitchissippi United Church

April 15, Meeting: Francis Taylor will treat us to a talk and trunk show of her Wearable Art.

April 22, Playdate: to be finalized

May 20, Meeting: Ontario artist Bridget O’Flaherty will give a talk and trunk show entitled “My Journey as an Artist”.

May 27, Playdate: Edwina Sutherland, doll making. <http://edwinasutherland.blogspot.com>

June 17, Meeting: Artist, Bethany Garner, will give a talk and trunk show entitled “My Journey to Art Quilts”.

June 22 – July 6, Show: “Summer Fibrations” at the Mississippi Valley Textile Museum

Playdates

Session 1

Monday November 26/18 Christine Johnson, Art Journaling – Explorations in the Creative Process.
 Monday January 28/19 Janet Tulloch, wet felting, more information to come.

Session 2

Monday March 25/19 to be finalized.
 Monday April 22/19 to be finalized.
 Monday May 27/19 Edwina Sutherland, doll making. <http://edwinasutherland.blogspot.com>

Playdates

Three playdates are planned for each session at a cost of \$10 per playdate or \$25 when you register for a full session. The new hours this year will be 10:00-4:00. Registration is now open for session1 register at a meeting or by contacting Lynn Keeler at 614 224-9472 or anottawagirl@yahoo.ca.

Art Journaling: Explorations of the Creative Process

Christine Johnson

Playdate - Kitchissippi United Church

Monday, Nov. 26, 2018

9 am - 3 pm

Art Journaling is a broad term that can be used to describe many kinds of journaling. For me, however, I use art journaling as a judgement-free approach to exploring ideas about creativity and the process of self-discovery. It is different from creating "art books" in the sense that when you paint, draw, stitch, collage, stamp, stencil or write, you're more concerned about the opportunities for growth and learning than you are about producing a finished product.

My journals are an aid to self-reflection, recording memories, experimenting with art techniques, and dealing with emotions. All media are used in many different ways. I tend to use Mixed Media Visual Journals (9x12 in) by Strathmore because I like the fact that I can use both sides of the paper and there's no bleeding between the pages. Any size works especially if you want to create an art journal when you're travelling. Art Journals don't need to be just paper. At the Playdate, I'll show a canvas journal and a few other non-conventional options.

A great resource to learn more about Art Journaling is the magazine by the same name, published by Stampington and Company. Just put the words Art Journaling into a search engine and you'll find a lot of material on the internet.

At the Playdate, we'll be getting messy as we use a variety of art media to create pages. In the morning, we'll be doing some art exercises that will aid in self-discovery. In the afternoon, I'll be there to guide in the creation of a page, or participants can be free to experiment on their own. The intention for the day is to have fun and experiment in a free form way.

For those who sign up, a materials' list will be distributed via email.

December Stittsville Library Show

I'm happy to report that we now have enough pieces for the Stittsville Library show in December. Thank you to everyone who is making something for the show! It's great to be able to bring it together again. We've been lucky to have the display space at the library for the last several years. I've sent out a message a few times asking for the info that will go with your piece. If you're contributing something please see my email to the group asking for the details that will go on your piece and packaging details. Finished pieces are to be brought to the November meeting where I will be collecting them. Otherwise you can bring your piece to the Stittsville Library, 1637 Main Street in Stittsville on Saturday December 1st at 10:30 when we hang them up. Once it's hanging, we will be posting photos of the show on the OOTB website and in next month's newsletter.

Thank you also to those of you who volunteered for set up on December 1st and for take down on December 31st. I really appreciate you giving your time to help. We have enough volunteers for set up and take down now.

If you have any more questions please email me at the address below.

Connie ten Bruggenkate, connietb@sympatico.ca
OOTB Newsletter November 2018

Summer Fibration Mini's

To those members who came out for the Play Day on November 5th, Meredith, Garrie and Rita want to thank you for making the day so worthwhile. We all had fun and learned much. Garrie showed us how to mix paint to match the chip and how to use it on fabrics that don't quite work but are close. Meredith and Rita showed a variety of finish styles. And as always there was much sharing among the members.

In hopes of stimulating a bit more interest in the Summer Fibration Minis, here is a list of the number of members signed up for each colour. **We could use 5-6 more in each colour.** For the brights we have , red-14, green-10, yellow- 8, blue-9. For the soft tones, we have red-7, green-16, yellow-9, blue-9. We need more in the soft green and bright red because we have two Grande's in each of those colours. Work in your favorite colour or challenge yourself to work outside your comfort zone. These are small sizes and can be finished fairly quickly.

We will have the sign-up sheets and the colour samples again at the November meeting. If you can't make the meeting, email ritarottman@sympatico.ca with your choices. Help us with your art to make another

successful show at the Mississippi Valley Textile Museum in June 2019.

OOTB Website – Focus on Fibre Links

We live in a world with rising concerns about the environment in which we live. One focus is the amount of waste and pollution produced in the textile and fashion industries. Studies show that the average person buys 60% more clothes and keeps them for half as long as they did 15 years ago. Clothing is made so cheaply that it's meant to be worn a few times then tossed (approximately 70 pounds of clothing each year).

There is some good news with increased awareness, textile companies are beginning to consider using less resource intensive natural fibres (cotton) and toxic environmental impact of petroleum-based fibres (acrylic, polyester, nylon and spandex). Manufacturers and designers are using and experimenting with renewable materials and fibres, reclaimed and recycled yarns and filaments from ocean waste, recycled cotton or polyester, natural rubber and wood fibers.

Loraas is a Saskatchewan company leader in waste transfer and recycling services. Their website provides a description the type of waste created from textiles and the environmental impact from the processes in the industry.

Paul Jay - Online reporter/editor at CBC/Radio-Canada, Ottawa wrote an article about what happens to donated clothing.

I've included a couple of websites that provide some ideas of what to do with our fibre and textile waste including the very small bits that we accumulate. We do have OOTB members who upcycle clothing and repurpose found textiles. Linda Palaisy offers classes on creating new fabric from the smallest bits of scraps. Maybe more of us can find way to contribute in some small way through increased awareness.

Find out more about these sites via the OOTB Resource page - <http://www.out-of-the-box.org/resources.html>

MaryAnne Toonders

Wool Applique Playdate, October 22nd

We had a full day of learning and creating with the handmade kits leader Linda DeVerno made for each of us.



After tracing and marking numbers and letters for colour choices, we then did another tracing for a placement guide. Cut out each piece individually. After choosing our wool and batik cotton from Linda's large assorted stash, we cut out each piece of our pattern and placed them on background fabric. Next step was sewing on each piece to the fabric using a blanket stitch, after that we used embroidery floss to add details to our appliqué.

This was a new art medium for most of us and we thank Linda for her pre-preparation, clear instructions and helping us. A creative, enjoyable day was had by all, not only did we learn something new but we got to know five new OOTB members.

Lynn Keeler

Moy Mackay Felt Painting Workshop

Several OOTB members were fortunate to attend a workshop October 9-10 with Scottish fibre artist Moy Mackay. Moy, who is from Scotland, is internationally recognized for her "felted paintings," using colourful merino fleece to "paint" still life pictures, flowers, and landscapes. We were taken on a journey to approach wet felting as painting a watercolour, drawing on Moy's extensive experience in creating this artform.

The first day, participants produced two wet-felted paints; one landscape and one still life. Moy explained her approach and demonstrated how to create the paintings. Participants were coached on how to consider light and colour in their designs, and the technical aspects of laying down different layers of fibres. She showed us how to incorporate bamboo, silk, angelina and other fibres to create beautiful textures and highlights. Moy also demonstrated her "Brighton Rock" approach to creating flowers. We selected a central colour, then surrounded that with one or more colours and rolled them until we had 'tubes' of colour. The rolls were cut with scissors into small and large pieces, which were laid on the painting and opened up. This resulted in flowers with different coloured centres and/or petals. We also learned her approach to felting, using soapy water and long bamboo mats/window covers. Both paintings were felted at once, each rolled in one end of the bamboo and massaged back and forth. Some used bubble wrap, but the bamboo approach seemed more efficient.

After drying our creations at home overnight, we spent the second day experimenting with machine and hand stitching, embellishing and markmaking. Moy used 12 strands of embroidery floss to create her own type of french knots. This drew gasps from the embroiderers, but she emphasized that we were creating paintings, and markmaking had to be bolder so that people could see the details. Moy also demonstrated her method of free motion stitching. By dropping the feed dogs and removing the sewing foot, she illustrated that you don't always need a free motion foot to do free motion stitching. Our Wabi Sabi hosts shuttled supplies over from the store as needed, and that was much appreciated by participants.

For many of us, this was a once in a lifetime opportunity to work with a master felting artist. Moy constantly toured the tables and providing hands-on coaching and suggestions for incorporating embellishing techniques. She freely shared her own experiences about what worked or didn't work for her while encouraging us to explore and our own thing.

We finished the second day with a "throw down", introducing Moy to a new term for laying out our pieces so everyone could view each other's work. The picture here shows Moy with our collected paintings from the workshop. We had a great time and learned a lot. If you have an opportunity, I'd definitely recommend taking a Moy Mackay workshop.



Nancy Scott

The ARTIST COOP

(PAF – Place des artistes de Farrelton)
12 kms North of Wakefield, Qc.

After more than a year hearing about an ARTIST COOP located north of Wakefield, Quebec, I was glad to receive

a note from Lynn Keeler telling me about some felting courses (drop-in option possible) given by Hannah Ranger at this Coop!

Finally, I would have a chance to see this place with my own eyes! After work last October 30th, I took the road to this mysterious place in Farrelton. The drive through the Gatineau Park on highway 50 was fabulous with still some breathtaking autumn landscape followed by a very pleasant stretch on that meandering route 105 along the Gatineau River.

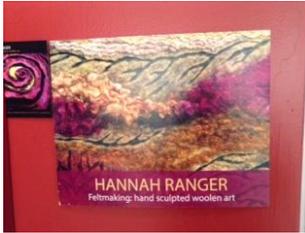
Upon arrival, I was welcomed by Hannah and her dog (who was very sweet) and the session was about to start. Some people were already working at their respective projects. The room was welcoming and very inspiring with a lot of her own pieces hanging from the wall and ceiling! An array of roving was nicely displayed in cubes and scrap pieces of material and wool for accents were gathered by color themes.



I was invited to choose some colours for my project and, using a small scale, noted on a piece of paper, the weight of material I was using. This process repeated itself a few times over the evening including me buying some of her "difficult to find" colour selection of roving from the USA for future projects.

What was great is that there was a set of 4 dates and I could drop-in at a time that suited my schedule. I already have some experience felting and wanted to learn some of her techniques. Even if there were 5 or 6 other students, she assured me that she would guide me and

that I would get some one on one time with her for particular instructions (which I did and was very pleased with!)



I strongly recommend this place and the courses offered by Hannah Ranger. Should you wish to learn more about the ARTIST COOP, please [click here](#) for more information.

Lorraine Lacroix

felt ::feutre canada

This is an interesting online publication of the felt :: feutre canada, 'Shrine exhibition catalogue'. As mentioned in the last newsletter, OOTB member, Janet Tulloch has a piece in the exhibition. Please check it out.

https://www.felt-feutre-canada.com/shrine-canadian-felt-exhibition/?fbclid=IwAR2PHbj_gMRxAZKLP0RiS51gvLEbPGvrtalD_k3uBYaOhHG80O5jJokjVvU

Planning Committee

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Education	Lynn Keeler, Nancy Scott, Cheryl Brooks,
Secretary	Nancy Leigh-Smith
Membership	Val Rochester
Treasurer	Marilyn White
Web-coordinator	MaryAnne Toonders
Newsletter	Helen Gordon
Library	Rita Rottman
Publicity/Marketing	Lorraine Lacroix
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