

## Table of Contents

Words of Wisdom .....	1
Program Lineup 2021.....	1
Fibre Fling 2021 .....	1
Here comes the Sun .....	2
Gillian King: As Above, So Below.....	2
Quilty Pleasures .....	3
Vintage linen embroidery threads .....	3
Carol Arsenault Beginner Goldwork Class.....	3
Arteast on-line show .....	3
May Morris – A Story Worth Embroidering .....	3
Planning Committee .....	4

## Words of Wisdom

*"Follow your inner moonlight; don't hide the Madness."*  
Allen Ginsberg

## Program Lineup 2021

**NOTE to members: Monthly meetings in the first months of 2021 will be VIRTUAL and will continue via Zoom.**

### Monday, March 15 – Arctic Botany at the Canadian Museum of Nature

Join Paul Sokoloff for this virtual talk about past and present Arctic plant research at the Canadian Museum of Nature, and how artists have used the herbarium, and all CMN collections, as inspiration for their work.

**There will also be a members show and tell. You will not need to submit a photo. Details in a previous Email from Crystal Angers.**

### Monday, April 19 – " Evolution of an Art Quilter" with guest speaker Helena Scheffer.



Helena is a member of SAQA and president of Lakeshore Artists, Beaconsfield, Quebec. She describes herself as a "colourist" who prints fabric and works with texture using fabric, dyes, paints, and stamps. She will be talking about her evolution as an artist, starting with her very first quilt, and taking us along on her journey. Helena will

share photos of her work as it developed and talk about how events in her life impacted her creations.

### Monday, May 17- Sharing of Snippet Challenge

**Monday, June 21-** Guest Speaker: Robin Whitford – "Hooking Outside the Lines" - Robin is a passionate

textile artist, rug hooking teacher and creativity mentor. She loves to share her passion for all things hooking-related with those who are curious to try new things.

## Fibre Fling 2021



This year's Fibre Fling 2021 will be held online from Friday, April 23<sup>rd</sup> until Saturday, May 15<sup>th</sup>. Even though this year's show will be 'virtual', our guests can still enjoy seeing the results our creativity with fibres, textiles, and mixed media!

All the instructions, guidelines and links for the show are posted on the 'Exhibition – Fibre Fling' page in the 'Members Only' section of the group's web site at out-of-the-box.org . If you still have questions, members of the Fibre Fling planning group will also be available to answer questions during the March and April 'Out of the Box' meetings.

**Updated Entry Eligibility:** In response to feedback that we received after the February OOTB meeting, we have expanded the entry criteria for the show. While OOTB members can still only submit up to a total of 4 items into the show, these can now come from among their 'art show', 'wearable art', and/or 'sales table' pieces. Essentially, **you can now enter up to 4 of any items that meet the show's overall entry criteria** (fibre-based, original, etc.). To make smaller, less expensive, items cost-efficient as one of your 4 show entries, we suggest packaging them together. For example, a boxed set of 12 handmade cards or a pair of scarves. (Check out Pritchard Packaging's selection of boxes and bags at [www.pritchard.com](http://www.pritchard.com).)

**Photography Tutorials:** Since good quality photographs are so important for showcasing your work online, two free virtual tutorials on 'How to Photograph Your Art' have been organized for our members. These presentations will provide you with essential skills as modern artists and will help you as you submit images for the upcoming virtual Fibre Fling show.

- **on Thursday, March 18 at 7 pm,** Janet Tulloch will talk about how to take photos with an Android camera phone and process your photos with photoshop CS6 on a PC computer.
- **on Sunday, March 21 at 1 pm,** Pat Hardie will talk about how to take and edit photos using

Apple i-phones and i-pads, Macintosh computers, and Affinity Photo.

Each virtual session will last approximately an hour and you are welcome to attend one, or both, of them. In addition, a recording of Pat's workshop and some of Janet's slides will be posted on the group's web site. These sessions and resources are being provided for free for all OOTB members. Please do not share them with non-members without the authors' permission.

**Registration:** The registration form will open on March 28<sup>th</sup> and close on April 9<sup>th</sup>. To register your items for the show, carefully follow the instructions that will be sent in an email from Debbie Boyd-Chisholm. If you have any questions, just send me an email.

### Volunteers still needed!

Are you willing to be a 'Fibre Fling Friend'? We would like to offer help for group members with contactless sales and purchases and with photographing and sending in their art photographs. If you can help with either of these, please let us know.

Also, we are still looking for a volunteer to help send mass emails about the show to large groups of people.

To volunteer or to ask for a Fibre Fling Friend to help you, contact Cheryl Ford at 613-792-1672 or by email at msg4cford@yahoo.ca.

Let's make Fibre Fling 2021 another fantastic, if very different, show!

Debbie Boyd-Chisholm, Fibre Fling Convenor

### ***Here comes the Sun***



The Ottawa Artisans website, a virtual storefront platform for artisans in the Ottawa Valley, is having a virtual market. "Here comes the Sun" will run from March 18 to 21. In addition to the options of free porch pick-up, shoppers at the event will have the option of selecting a flat-rate shipping fee so that they can order from multiple vendors all at once without having to pay multiple shipping charges or have to pick up items all over the city.

There are a number of Out of the Box members with shops on the Ottawa Artisans website. Here is a chance to check out their work!

Link to "Here comes the Sun" Facebook event page: <https://www.facebook.com/events/679120369382320>

Link to Ottawa Artisans website <https://ottawaartisans.com/>

### ***Gillian King: As Above, So Below***

4 March – 18 April 2021 (dates subject to change based on COVID-19 restrictions)

With this exhibition of new work, Gillian King bears witness to patterns that entangle lifeforms at all scales. A reference to the phrase used in many belief systems, including Tarot, astrology, and sacred geometry, the exhibition's title invites us to look up and down. Equally, it is a call to look *around* to recognize the myriad ways in which all life on Earth – human and other-than-human – is mutually dependent. Amid a global pandemic that lays bare our shared porosities and vulnerabilities and intensifies deadly consequences of interrelated crises ranging from racial capitalism to species extinction to systemic issues in matters of care, *As Above, So Below* takes on even greater meaning. It begs us to consider the webs and relations of care that are necessary for all species' mutual survival and thriving.

Ceding to the unpredictability of natural dyeing processes, King collaborates with her materials and their unique temporalities, honouring their life forces. The dye process for each canvas results in powerful symmetries, above and below, side to side, echoing patterns in nature. These evoke natural geometries visible in human bodies, moth wings, and pollen grains, to name a few. They also resemble familiar textures that stir up images of melting snow, road salt, eroding land, and moss formations as much as they do images of celestial textures like clouds, stars, smog, and the Milky Way.

Book your timed visit on-line <https://oaggao.ca/oag-reopening>

## **Quilty Pleasures**

Congratulations to Val and Leslie, owners of Quilty Pleasures in Orleans, on making the big decision to retire and move on to new projects. The new owners, Sam and Amy, both of whom have been involved with the store for several years, took over on March 1st. They are most helpful and welcoming, and I'm sure will soon bring their own ideas and style to this lovely shop.

Quilting Pleasures website is <https://www.quiltypleasures.ca/>

Are you a reader? Quilty Pleasures have shared on their site a link to *Inspired to Sew* who have put together a wonderful list of novels related to sewing. Check out the list at

<https://www.euronotions.com/ITS/2021/87-March/ITS87-MAR21L.pdf>

## **Vintage linen embroidery threads**

Vintage linen embroidery threads are available from <https://www.linladan.com/>. They have some skeins from the 1960's although the colour selection is limited. The owner is using the colours from one of the original thread manufacturers for a contemporary line. There are some fabulous colours and more to come. They are more textured than DMC linen threads.

From Meredith

## **Carol Arsenault Beginner Goldwork Class**



Toronto Guild of Stitchery has arranged an online Beginner Goldwork Class and has kindly opened it up to all of us! It would normally be a one day event but - since it is online - it has

been split into 2 sessions to avoid online fatigue. Dates are 24 April and 21 May of 2021. For complete details <https://onnguils.files.wordpress.com/2021/03/carol-arsenault-class-announcement-2.pdf>

## **Arteast on-line show**



Madeleine Rousseau is part of an online show by Arteast members. It is the Arteast Juried Awards Exhibition (AJAE) – 11 February-16 March 2021. You can see the exhibition online at <https://arteastottawa.com/arteast-juried-awards-exhibition/>. Madeleine received two awards for her work *Tassés comme des sardines* (or squeezed like sardines). The piece is a mixed media work including five linocut prints and a found object mounted on a wood panel. The linocut prints were printed on recycled print proofs of a collograph.

## **May Morris – A Story Worth Embroidering**

by Stella Grace Lyons Art History Lectures and Tours



This talk stitches together the threads of this remarkable woman's life and highlights her contribution to the Arts and craft Movement.

### **About this Event**

"I'm a remarkable woman...always was, though none of you seemed to think so." – May Morris

For over a century May Morris has remained in her father's shadow. Hardly surprising when your father is the polymath who spearheaded the Arts and Crafts movement, a man whose artistic legacy can be seen throughout the world.

But May was an important artist in her own right. Head of Embroidery at Morris and Co at the age of 23, she turned craft into art, designing wallpaper, textiles, jewellery and clothing. At the same time, she was writing books, plays and helping run her father's business.

This talk stitches together the threads of this remarkable woman's life and highlights her contribution to the Arts and craft Movement.

Date and Time  
Fri, 23 April 2021

06:00 – 07:00 EDT

Online Event

**Cost £9.21**

Refund Policy

Contact the organiser to request a refund. Eventbrite's fee is non-refundable.

For more information visit [www.stellagracylons.co.uk](http://www.stellagracylons.co.uk)

### Planning Committee

PC Convenor	Sharon Johnson & Nancy Garrard
Education	Kathy Lajeunesse, Nancy Scott, Cindy Brown, Nancy Davies, Pam Davy, Crystal Angers
Secretary	Andrée Faubert
Membership	Dorothy DeRose
Treasurer	Marilyn White
Web-coordinator	MaryAnne Toonders
Newsletter	Helen Gordon
Facebook/Instagram	Cathy Haley <a href="mailto:haley.cathy@gmail.com">haley.cathy@gmail.com</a>
Library	Rita Rottman
Publicity/Marketing	Lorraine Lacroix
Exhibitions/Shows	Connie ten Bruggenkate, Debbie Boyd-Chisholm, Sheree Bradford-Lea
Contacts: <a href="mailto:co-chair@out-of-the-box.org">co-chair@out-of-the-box.org</a>	