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## Words of Wisdom

"Creativity involves breaking out of expected patterns in order to look at things in a different way."

Edward de Bono

## Program Lineup 2021

This fall, we are anticipating that meetings will be Zoom meetings. Hopefully, this won't be the case. Please look for details about the meetings in the next communications from OOTB.

### Monday, October 18, 7pm-9pm

Member Speaker – Connie ten Bruggenkate on Ecoprinting and how she is also using natural links like those developed by Wendy Feldberg. Hybrid meeting (Zoom and in person)

### November 2021

Stittsville Library Show – Guess the Idiom

### Monday, November 15, 7pm-9pm

Challenge Reveal Show and Tell

### Monday December 20, 7pm-9pm

Monthly Meeting Social - a seasonal or holiday ornament you have made or inspired you

### 2022, Monday, January 17, 7pm-9pm

Member Speaker – Elaine Quehl, A Design Journey  
The January and February meetings are planned to be virtual to avoid the dark winter driving.

## 5 Weeks of Madness

5 Weeks of Madness Week 4

Embellish your piece using hand stitching, beads, wire, snippet snips, found metal bits, jewelry bits, shells, mirrors, whatever.

For Inspiration:

<https://www.linda-matthews.com/tutorial-fabric-beads/>

## Art Threads 2021

The Kingston Fibre Artists are holding their fall show at The Tett Centre for Creativity and Learning in Kingston from October 23rd until November 4th, 2021. <http://kingstonfibreartists.ca/>

Gallery Hours: Monday through Saturday: 10:00 am to 6:00 pm / Sunday: 10:00 am to 5:00 pm

370 King Street West, Kingston, ON, K7L 2X4

Phone: (343) 266-0009

## ROM Exhibitions: Florals: Desire and Design & The Cloth that Changed the World

- Fri Sep 24th - Sun Jan 2nd 2022
- Royal Ontario Museum, 100 Queens Park, Toronto, ON M5S 2C7, Canada
- Screen Shot 2021-09-24 at 11.30.27 AM
- The Royal Ontario Museum presents our feature exhibition The Cloth that Changed the World: India's Painted and Printed Cottons on now and included with General Admission.
- For the first time in 50 years, many of the ROM's world-renowned Indian chintz textiles and fashions will step out of their collection rooms and move into the galleries. While Indian chintz sparked a global fashion craze, the extraordinarily high demand for the cloth led to new manufacturing methods, ushering in the Industrial Revolution. The fashions and fabrics on display tell the many fascinating stories of how Indian chintz has connected the world and its revival in the world of fashion today.
- We'd be pleased to offer of 15% off ROM admission to your fibre artists.

## Membership

If you have not already done so, now is the time to renew your membership in Out-of-the-Box. Please remember that everyone needs to fill in the on-line membership form and pay their membership fees; your membership is not finalized until you have completed both tasks.

The membership form can be found on the Join Us page of the Out-of-the-Box website at:

<https://out-of-the-box.org/joinus/index.html>

If you prefer not to follow links in the newsletter you may go directly to our website, click on the Join Us section, scroll down the page and hit the link for the Membership Form. It's that easy!

Payment of your \$45 membership fee can be made in cash or cheque at an in person meeting, by sending a cheque to the treasurer or by e-Transfer. For details on how to make your payment please send an email to [Financial.OOTB@gmail.com](mailto:Financial.OOTB@gmail.com)

We will be changing the password to the members only section of the website on November 1<sup>st</sup>, so be sure to renew your membership so you can continue to access that part of the website. Membership cards will be mailed out to those who have not received them at an in person meeting.

### ***Dear Fibre Artists,***

Our next OOTB meeting is Monday, October 18<sup>th</sup> at 7 pm. -Connie ten Bruggenkate is our feature presenter who will be sharing her expertise on ecoprinting. We'll also talk a bit about the design elements of shape and form.

This will also be our very first **hybrid meeting** – meaning that you can participate either by Zoom or in person at City View United Church. We have an expert (Debbie Boyd-Chisholm's husband) to help us as he has run hybrid meetings prior to this.

### **ZOOM INFO**

For those who plan to join the meeting via Zoom, the link will be sent as usual the day before the meeting. Nothing will change for you regarding your participation. The meeting is scheduled to start at 7 pm but we invite you to log in a bit earlier, which will help up with testing sound in the room.

### **FOR THOSE WHO WISH TO PARTICIPATE IN PERSON – please read – important info below**

#### **Registration**

We are allowed a maximum of 25 people in the meeting space at City View United Church. This means that **pre-registration is required** for everyone who wishes to attend (link is below).

**Proof of vaccination** is mandatory to enter the church – you can upload your vaccination certificate via the google form when you register for the meeting.

**Registration opens Monday October 11<sup>th</sup> (Thanksgiving Monday) at 9 am.**

The link to the registration form can be found at: [https://docs.google.com/forms/d/1qWStad8mSuXUTE8eFTc6\\_gPHjtIG4hz\\_p7ak8JJEog/edit](https://docs.google.com/forms/d/1qWStad8mSuXUTE8eFTc6_gPHjtIG4hz_p7ak8JJEog/edit)

If you have not already downloaded your vaccine receipt to your computer, you can do so through the

Ontario portal at: [https://covid-19.ontario.ca/proof-covid-19-vaccination?gclid=CjwKCAjw7--KBhAMEiwAxfpkWDYUTy4CLLNuQTzTLcErV-wEqd-uHPK8\\_5Dwio12qO7Rg5mfr4JSxoCvxoQAvD\\_BwE&gclsrc=aw.ds](https://covid-19.ontario.ca/proof-covid-19-vaccination?gclid=CjwKCAjw7--KBhAMEiwAxfpkWDYUTy4CLLNuQTzTLcErV-wEqd-uHPK8_5Dwio12qO7Rg5mfr4JSxoCvxoQAvD_BwE&gclsrc=aw.ds)

We will NOT be keeping your form, but will keep a record of your name and date of 2<sup>nd</sup> dose so that we have that on file for future in-person meetings, meaning you won't have to submit your vaccine certificate a 2<sup>nd</sup> time.

**Note:** If, after registering, you are unable to attend, please notify me immediately so we can give your spot to the next person!

### **ARRIVAL AT THE CITY VIEW UNITED CHURCH....**

Doors will open at 6:30 pm. Please be sure to arrive before well before 7 to find a seat, look at some library books (more on that further in this email). NOTE that we are required to lock the outside doors when we start the meeting – so if you arrive late we may not be able to let you in.

### **CONTACT TRACING**

The church requires all attendees to use the sanitizer in the church lobby upon arrival review the Covid questionnaire then complete the contact tracing form.

The church will keep the forms for 6 weeks then will destroy them.

### **SOCIAL DISTANCING**

Masks are mandatory, and the church has set-up the meeting space for all groups with tables that are distanced, and chairs at the end of each table. See attached photo.



### **OOTB Library**

For our first hybrid meeting, the library will be open from 6:30 until 7pm. We will provide 6 boxes for members, spread over 3 tables for physical distancing.

Members may borrow three (3) items maximum that will be due at the November 15<sup>th</sup> meeting.

The procedures for borrowing items are:

1) Remove the Checkout card from the pocket of the item being borrowed.

2) Write the MM/YY of the meeting (eg, Oct/21), your full name, your phone # and area code on the card. Take the space you need to write the info out. Place the borrower's card into the box marked 'CHECKOUT.'

3) Take one of the coloured slips of paper marked with pre-marked return date of November 15, 2021 and place it in the pocket of the item you are borrowing.

Procedures for returning items:

Place your returned items in the RETURN box. We will process them as quickly as we can and return them to the collection for borrowing.

There are still outstanding items borrowed from the collection that have yet to be returned. Please take this opportunity to return items you may have at home.

Please contact Nancy Scott if you have any questions.

### **IN SUMMARY,**

See you on Zoom on October 18<sup>th</sup> – or in person. Don't forget to register if advance if you want to attend in person, starting tomorrow at 9 am. Bring your mask. And a nametag.

Please bear with us as this is our first time we are doing a hybrid meeting, and despite all the planning that goes into events, sometimes things don't go as perfectly as we hope. Just like making art, when things go wrong, we learn from them, right!

See you on the 18<sup>th</sup>. And enjoy this Thanksgiving weekend.

Anne Warburton  
Co-Chair

## ***Twist Festival 2022***

So it's official! The dates for the next festival are....: August 11-14, 2022.

You may want to start planning your travels and book accommodation.

- Eveline, our artistic director and I, are working on the next edition. We are also working on the Twist X Designer project which will be announced shortly! New designs imagined just for you!

C'est donc officiel! Les dates du prochain festival:

11-14 août 2022.

C'est le temps de commencer à prévoir votre hébergement.

- Éveline notre directrice artistique en chef et moi, travaillons la prochaine édition, tout en douceur. Nous travaillons aussi le projet Twist X Designer qui sera annoncé sous peu! De nouveaux designs imaginés pour vous!

## ***Virtual workshop – Fantastic Fusion***

January 26 and February 2, 2022

Sign-up deadline – December 17, 2021

How about something that looks really complicated but just might be easier than it looks. No sewing is required to create this unique quilt top. All fabric is fused together and then the quilting is what holds it together. Learn to cut with no rulers and create your own original quilt.

This class will teach you how to use fusible web to allow freedom of design.

With basic colour and design principles, Lisa will show us a REALLY SIMPLE technique of cutting and layering fabrics to create designs that would be incredibly difficult using traditional piecing techniques. Once your piece is all together and it's time to move on to the quilting, Lisa will show us how to do improvised quilting and an easy but professional facing technique to finish your quilt.



**Instructor:** Lisa Walton (Australia)

**Location:** Zoom (Virtual)

**Date:** Wednesdays; January 26 and February 2, 2022

**Time:** 6:00 to 9:00 pm both days

**Cost:** \$50 for members, \$60 for non-members

**Skill level:** Anyone looking to learn a new technique and have fun

**Minimum number:** 16 participants

**Maximum number:** 22 participants

**Notes:** Preparation of some fabric will be required before class

**Register:** On-line, by sending an email with your name and phone number to [ctqg.workshops@gmail.com](mailto:ctqg.workshops@gmail.com).

### Stittsville Library Show 2021

Our show this year is from November 1st to 30th and the theme this year is "Guess the Idiom". I have received lots of submissions for the show so things are looking good. We're making fibre art depicting an idiom. Preferably one that's not too obvious so it's fun to guess but not too obscure either. Examples of an idiom in English would be: It's raining cats and dogs, It's a piece of cake, the ball is in your court etc. In French an example of an idiom would be Les murs ont des oreilles, S'occuper de ses ongles, La nuit porte conseil etc. If you have a look online you will find lots of websites with idioms. Here are some examples of links:

<https://www.thoughtco.com/common-english-idioms-3211646>

<https://fr.babbel.com/fr/magazine/expressions-idiomatiques-francaises-courantes/>

The instructions are the same as in other years. For the wall space pieces can be any size as long as no side is longer than 24 inches. And you can use any technique as long as there is some fibre included. Please have your piece ready to hang with wire if it is hard mounted or a rod if it is soft mounted. No alligator clips please because they don't hang well at the library. The artwork on the wall will be hanging by nylon cords so very heavy pieces are not suitable to hang but a regular weight large canvas is fine. Three dimensional pieces are also a possibility because we have a glass display case.

Please send the info for your piece to me by October 18th if possible. If you need more time let me know. Here's what I'm looking for:

Title-

Maker-

Size- (if framed, frame size)

Inspiration (50 words or less)-

Techniques and materials used-keep it brief

Are photos allowed during the show-Y or N

Price or Not For Sale

How is the piece displayed (rods, hangers, frame, shelf). Include any special props with your piece. Make sure that your props are labeled with your name.

Once you have submitted your info you can deliver your piece to me before Nov 1st. Please email me to arrange a time. I live at 14 Forestview Crescent in Bells Corners. If you live in the east end please contact Anne Warburton [annewarburton@hotmail.com](mailto:annewarburton@hotmail.com). She will be collecting pieces from the east end. Please let me know if you have brought your piece to her. The other option is to bring your piece to the Stittsville Library November 1st at 11am. Again please let me know if this is your intention.

If you have any questions email me at: [connietb10@gmail.com](mailto:connietb10@gmail.com)

Thanks for participating in the show! Let's see what we put together this year.

### ***The Beaded Baby Vamp Project.***

In late June, I circulated information and a request from a Social Work PHd student at Carleton University who was calling for 215 beaded baby vamps to commemorate the 215 children who had lost their lives at the Kamloops Residential School. As we all sadly know, more unmarked graves were subsequently discovered. Originally the request was to have the contributions in by September 30, Orange Shirt Day and the National Day of Truth and Reconciliation. As of September 29, over 215 beaded vamps had been received but many more are expected as the deadline has been extended to October 31. Several OOTB members contributed lovely designs. The vamps will be framed and be put on permanent display at The School of Social Work.

Deborah Young, the organizer, has this to say in response to the question "WHY?":

"One thread, one bead, and one vamp represent an incomplete journey. A single bead on it is own remains unfinished but when many beads are brought together it tells a powerful story of resistance and resilience which is only made possible by community voice and action. Given social work's historical role in perpetuating and maintaining settler patriarchy and violence, this commemorative display will honour the lives of the lost First Nations, Metis, and Inuit children and bring the conversation into the School of Social Work and the wider community."

Canada Beading Supply has helped to publicize this project and given material support by providing kits at no cost to a number of people and several organizations. I only mention this as it has been a tremendous privilege to hear the stories people have shared with us when they were deciding to take a kit or when they returned the vamps. These stories were not only from people with an Indigenous background and many were powerful. Most of us do not have this opportunity and it is indeed humbling and gives one a different perspective on one's own life experiences. Deborah was interviewed by CBC and below is a link to a video and some text about the project. There is also a photo of some of the vamps we have received at Canada Beading Supply. I will let you know when the vamps are mounted and on display when the project is



completed. Deborah has asked me to thank those OOTB members who contributed.



Just in case any of you are interested in reading about Indigenous history (many of us had very little going through our schools), a book recommended to me is Indigenous Writes by Chelsea Vowel. Sheila Rogers gave it a powerful recommendation. I certainly learned a lot.

People can see more than 100 of the vamps at Canada Beading Supply until the end of October.

Meredith (Filshie)

[Beading project honours 'incredibly powerful' stories of residential school children | CBC News](#)

## October 19<sup>th</sup> is TEXTILE TUESDAY

One of 5 themed days of Waste Reduction Week in Canada.

Lots of information is available online about the amount of textile waste that goes into landfill, the carbon impact of creating fabrics, how often we keep and wear clothing pieces, the role of plastics in textiles, and so on. And while lots of clothing is donated to thrift shops, not all textiles can be re-sold, some making their way to becoming rags but much more going into landfill. Information on these and more is on the Waste Reduction Week website at [Textiles Tuesday | Waste Reduction Week in Canada \(wrwcanada.com\)](#).

As a fibre artist, I'm happy that we are in the habit of sharing leftover fabric and various goods with other fibre artists, including some materials we may not have previously experimented with or incorporated into our art. And that we started a swap evening at Out of the

Box a couple of years back (thanks Luigina!) that will hopefully become an annual event.

Wendy Feldberg was delighted to receive leftover items from our outdoor swap evening this past August so she could create fibre art themes for some of the art packages being put together for children and adults through her local food bank. She reminded me too of The Art for Aid Project, a charity set up by Colleen Gray. Based in Carleton Place, they ship art supplies to Indigenous schools in Canada. If you have items you'd like to donate, please visit their website at <https://www.artforaid.ca/>.

### What else can we do to reduce textile waste?

**Swap** – As the saying goes, one person's trash is another person's treasure. I was recently gifted 3 pairs of jeans that were torn and no longer worn by their owners, which I've since started cutting up for a couple of projects. There is something appealing about deconstructing old clothing for a new purpose.

A group in my neighbourhood has held 2 clothing swaps of men's, women's and children's clothing as well as bags and accessories. All clothing must be clean and in good condition. Clothing is free for the taking, with leftovers donated to Dress For Success Ottawa.

I'm sure we've all donated clothing to thrift shops or church bazaars. There are a few places that will take old towels or bedding too – animal shelters for example – but check with them first before dropping off your items.

### Mend or Refashion or Repurpose

I spent the first lockdown last year learning to mend – repairing several shirts that had small holes and a jean jacket with worn elbows and cuffs – some with stitching, others by adding patches for a more artistic flair. I'm delighted with how they turned out and how this simple repair has extended the life of these pieces. I've torn up old flannel sheets to use as rags. And turned an old burlap bag into a backing for hanging jewellery in a picture frame.

### Play and Experiment

Old fabrics are wonderful to experiment with: eco-printing, painting, fabric collage, re-purpose into wrist cuffs and patches, making fabric twine, practicing free motion stitching. They make great pieces upon which to learn new stitches or for beading or even needle felting.

When was the last time you tried something new?

Anne Warburton\_

## ***A Youtube video tip!***

Ever watch an instructional video that is not comprehensible because they're using the wrong dominant hand to teach with? I have! It's pretty hard to

follow a right-hand oriented video if you're left-handed, and hard to follow a left-hand oriented video if you're right-handed. Some sites will offer both options, but if you find that isn't the case, here's a trick to fix it.

Typical url

<https://www.youtube.com/watch?v=dduVbobQdKI&t=388s>

Replace the word 'youtube' in any Youtube url with 'mirrorthewideo' and the video will flip horizontally (to change it back just replace 'mirrorthewideo' with 'youtube').

Note that this will change the entire visual orientation, which includes the stop/start functions; they'll now be on the right.

I personally find it more relaxing to look at a correct hand dominant orientation even when I'm not trying to learn a particular technique.

:D Sheree Bradford-Lea

## Space in Workshop

The Lanark County Quilters Guild still has space in the Janet Barker Hex Trade workshop on Zoom. Attached is the flyer to share with your members. All members of the interguild group pay the same as our members .

[patssottawa@gmail.com](mailto:patssottawa@gmail.com)



## F21SWS04: Textile Art: Eco-Printing on Wool Felt

2-Day In-Studio Workshop for All Levels

Thursday + Friday October 28 + 29, 2021

9:30am-4:30pm

Instructor: Janet Tulloch - [www.facebook.com/fibrelass](https://www.facebook.com/fibrelass)

Location: Ottawa School of Art - Orléans Campus (at the Shenkman Arts Centre)

In this 2-day fibre-art workshop you will learn two new skills: How to eco-print with plant materials onto pieces of cloth you will make; and how to make a piece of flat cloth out of animal fibres (Merino white wool). Participants will make small-sized cloths for experimenting with eco-printing, and learn different ways to prepare animal protein fabrics (wool and silk) for eco-printing the next day.

They will then experiment using different local leaves, onion skins, and flowers (if available) to print onto the wool. Please note we will be working without mordants or modifiers - nothing stronger than white vinegar.

*Note: Most materials will be provided, however, some materials and tools need to be supplied by the participant.*

For full details on this workshop and materials, please visit our website: [www.artottawa.ca](http://www.artottawa.ca)

We have also attached a small poster about the workshop, if you have an opportunity to post it that would be wonderful.

Please do not hesitate to let us know if you have any questions about this or any of our other workshops.

## Andrea Crosley

Administration Officer / Agente d'administration

(613) 580 2765 [osao.admin@artottawa.ca](mailto:osao.admin@artottawa.ca)

## Planning Committee

PC Convenor	Anne Warburton, Loree Tannett
Education	Kathy Lajeunesse, Nancy Davies, Pam Davy, Crystal Angers, Liz Tyrwhitt, Olivia Chuchryk
Secretary	Andrée Faubert
Membership	Dorothy DeRose
Treasurer	Marilyn White
Web-coordinator	MaryAnne Toonders
Newsletter	Helen Gordon
Facebook/Instagram	Cathy Haley <a href="mailto:haley.cathy@gmail.com">haley.cathy@gmail.com</a>
Library	Nancy Scott
Publicity/Marketing	
Exhibitions/Shows	Connie ten Bruggenkate, Debbie Boyd-Chisholm, Andree Faubert
Contacts:	<a href="mailto:co-chair@out-of-the-box.org">co-chair@out-of-the-box.org</a>

## Hello Textile and Fabric Art Enthusiasts!

We thought we would forward the information below on our upcoming workshop in the event it might be of interest to your members, clients and customers: