

# Out of the Box

November 2006 Newsletter

## About Us (Mission Statement)

The Out of the Box group of artists is passionate about creating innovative and thought-provoking works of art with fibre, our preferred medium.

Our membership includes machine and/or hand embroiderers, art quilters, weavers, felters, doll makers, silk painters, appraisers, dyers as well as other needle workers and mixed media and fine artists. We are a co-op organisation and so we place strong emphasis on activities that share expertise for the continuing artistic development of all. Our focus in meetings is on sharing art techniques, design ideas, artistic processes and inspiration, as well as our thoughts on the business and critiquing of our art. We come from all walks of life, but are drawn together by our love for texture, colour, and creation in an atmosphere of mutual support and camaraderie.

We welcome visitors to our monthly meetings, and from time to time hold open fibre art workshops.

## Membership

Membership requires active participation. Our yearly membership fee is \$20.00. Please contact Mary Pal for more information about joining our group. For more details, visit us at [www.out-of-the-box.org](http://www.out-of-the-box.org)

## Meetings

Meetings are held the third Monday of the month, from 7:15 p.m. to 9:15 p.m. at the **Ottawa Citizen Main Floor Board Room, Baxter Road, Ottawa**. Members participating in the Journal Quilt Project will meet at 6:45 p.m., prior to the regular meeting.

## Name Tags

The Planning Committee would like to urge members to make name tags to wear at meetings. Not everyone knows everybody in the group and some of us have the odd memory gap from time to time! Name tags help to make it easier for new members and guests. We are suggesting a target date of the January 2007 meeting to have name tags finished. You have complete creative freedom in designing your name tag, but we ask that your name be clear and legible. Recommended size of name tag is 3" x 5". Let's see what we can all come up with.

**Submission Deadline for the December newsletter is December 3, 2006.**

## Contacts

Convenor	Neera Huckvale	<a href="mailto:huckvale@istar.ca">huckvale@istar.ca</a>
Programs	Joanne Batchelor	<a href="mailto:joanne.batchelor@sympatico.ca">joanne.batchelor@sympatico.ca</a> <a href="mailto:programs@out-of-the-box.org">programs@out-of-the-box.org</a>
Secretary	Pat Caffery	<a href="mailto:caffery@magma.ca">caffery@magma.ca</a>
Membership	Mary Pal	<a href="mailto:marybpal@gmail.com">marybpal@gmail.com</a>
Treasurer	Meridith Filshie	<a href="mailto:mfilshie@rogers.com">mfilshie@rogers.com</a>
Web	Cynthia Sanoy	<a href="mailto:csanoy@rogers.com">csanoy@rogers.com</a>
Newsletter	Elaine Quehl	<a href="mailto:EQuehl@hotmail.com">EQuehl@hotmail.com</a> <a href="mailto:newsletter@out-of-the-box.org">newsletter@out-of-the-box.org</a>
Library	Joan Harrison	<a href="mailto:celloquilter@sympatico.ca">celloquilter@sympatico.ca</a>

## Dates of Meetings with Program Topics 2006

August 21	Fibre Postcards - Beth Cunningham & Pat Lamaire
September 18	Pricing Your Art - Karen Goetzinger Super Show & Tell UFO Challenge
October 16	Critiquing - Led by Margaret D. and Kit
November 20	Pricing Your Art - Karen Goetzinger How to make a Coroplast Box - Jennifer Hodge Tips on Shipping your Work - Kit and Joan H.
December 18	Natural Dyeing - Joan H.

## Publicity/Marketing Coordinator

We are seeking a volunteer to take on the role of Publicity/Marketing Coordinator. More details are available in the Minutes of the October 24, 2006 Planning Committee Meeting (at the end of this newsletter). Please contact Meredith Filshie if you are interested in this role.

# Out of the Box

November 2006 Newsletter

---

## November's Program

### NEW THIS MONTH:

Members who are interested in participating in the Quilt Journal Program will meet at 6:45 p.m. The regular meeting begins at 7:15 p.m.

1. Show and Tell by members
2. Program
  - a) Pricing your Art – Karen Goetzinger
  - b) How to Make a Coroplast Box – Jennifer Hodge
  - c) Tips on Shipping Your Work – Kit Vincent & Joan Harrison
3. Business
  - a) Publicity Coordinator
  - c) Other business.

## Out of the Box Group Shows

### “Fibre Expressions: Elements”

Mississippi Valley Textile Museum

Almonte, Ontario

November 1, 2006 to January 31, 2007

by Elena Keen

After much preparation, we are finally there! The show was hung and the vernissage went off without a hitch. It is a great show and I hope that you will all go out and see it and publicize it.

My thanks go to all of the OOTB'ers who are participating in this show and especially to those of you who helped with hanging the show and in various other ways. A special thank you to Judith Kerridge, whose help was invaluable, and to Meredith Filshie who will look after any emergencies while I am in England.

I wish you all compliments of the Season and a very Happy New Year.

## Treasurer's Report

Current available funds: \$1717.18

Outstanding cheque: \$460.08 for expenses for the Almonte Museum show.

Pending receipts: \$143.10 from the Museum. (They contribute one third of costs up to a limit of \$200.00).

## Quilt Journal I

Submitted by Lynne Morin

Quilt Journaling has been around for a few years, showing up in Houston, Quilting Arts magazine and now documented in a book of resulting quilts.

The purpose is to learn new techniques, experiment with new materials, to grow and stretch as an artist and to share your results with OOTB members.

The idea is to keep each piece no larger than 8.5" by 11" so that a new project can be accomplished each month. Since many of the projects will involve new techniques for some, there will be new materials to purchase and add to your repertoire.

Each OOTB newsletter will contain a project which can be accomplished during that month and brought back to the following OOTB meeting. We can devote an extra half hour prior to the regular meeting (i.e. at 6:45) to do show and tell and discuss our pieces.

So, if you are interested, here is the first Quilt Journal Project – it's to be accomplished during the month of November, to be brought back to the December meeting at 6:45. I will attend the November meeting at 6:45 with the magazine article so you can see some pictures of works in progress and finished works. We can discuss any issues, supplies or ideas.

## Painting with Wax Pastels

Reference Quilting Arts Magazine, Issue 18, Summer '05 Pg 55.

## Materials

- Caran d'Ache Neocolor II water soluble wax pastels (available in art supply stores such as Wallacks – if that brand is not available you can get water soluble wax pastels in other brands, but make sure they say “water soluble”. You can also order them at [www.carandache.ch](http://www.carandache.ch) or [www.dickblick.com](http://www.dickblick.com)
- White PFD (prepared for dyeing) fabric, or white muslin (pre-washed)
- Masking tape

# Out of the Box

November 2006 Newsletter

---

- Soft 2B pencil
- Paintbrushes of various sizes
- Paper towels
- Iron
- Pressing cloth
- Work surface (suggested is light foam core or mat board covered with contact paper or thin plastic sheeting)

## Technique Directions

- Cover a piece of foam core board with thin plastic to create a waterproof surface.
- Cut a piece of PFD fabric slight larger than desired finished size and tape it to the top edge only of your work surface.
- Lightly sketch some of the key elements of your design – it can be anything!
- It is critical to place a white paper towel under your fabric to absorb any excess water so that the colour will not run too much and you can maintain control of the bleeding when you apply water. Replace the paper towel when it gets saturated if you don't want the colours to bleed further.
- Lightly apply the pastels to the fabric, roughly and loosely filling in areas of colour, leaving some white spaces, as wetting it will fill in the gaps – you can add more layers of colour later.
- With a narrow paintbrush, wet it and wipe off excess water and wet your design by painting over it to dissolve the pastels. Use a wider paintbrush for larger areas, working top to bottom in long strokes. Then if some areas aren't dark enough you can apply more pastels while the fabric is wet or dry.
- With a dry pastel you can sketch in lines to indicate shading; or you can dip the pastels in water and apply them to create a softer line.
- When satisfied with the results put a piece of white fabric or pressing cloth over your art work and heat set it with a hot dry iron.
- Now you can add thread work matching the colours or using a complementary or contrasting colour of thread. Quilting will complete the artwork by defining the shapes or adding more shapes. It is not recommended to wash the piece.
- These pastels can be used on fabric that was painted or dyed or even on commercial fabrics to enhance the colours or create another design!

## News from our Members

### **Karen Goetzinger**

Participating in the following shows:

#### Recent Works in Textile Art

Tay River Gallery

October 1 – November 30, 2006

28 Wilson St. W., Perth, Ontario

613-264-5448

Hours: Mon. & Tues. by appointment,

Wed., Fri., Sat. 11-6 and Thurs. 11-8

[www.tayrivergallery.com](http://www.tayrivergallery.com)

Karen's exhibit is also mentioned in Slate Magazine.

#### Surface Tension

James Howe Gallery

Kean University, New Jersey, USA

November 1-22, 2006

You can view the pieces that will be in the show at

<http://www.sandrasider.com/surfacetension.php>

#### Mayor's Annual Art Festival

City Hall, Ottawa, Ontario

April 21-27<sup>th</sup>, 2007

### **Karen Goetzinger and Carmella Karijo Rother**

Waterloo County Quilt Gallery

St. Jacobs, Ontario

October 4 - December 31, 2006

[http://www.quiltcapitalfestival.com/quilt\\_gallery\\_main.asp](http://www.quiltcapitalfestival.com/quilt_gallery_main.asp)

### **Karen Goetzinger, Carmella Karijo Rother, Wendy Feldberg**

Mississippi Valley Textile Museum

Almonte, Ontario

July 31-October 28, 2007

### **Fortunée Shugar**

1) Accepted as a painter into a new gallery at 229 Armstrong, across from the Parkdale Market. Will be part of the inaugural show there starting November 15, 2006. End date of show not known at this time.

2) Solo Exhibit

Green Door Vegetarian Restaurant

198 Main St., Ottawa

December 17, 2006 – January 14, 2007

# Out of the Box

November 2006 Newsletter

---

## Book Reviews

Thanks to Sharon Dawn Johnson for the following review.

### **COLOR MOVES: TRANSFER PAINTS ON FABRIC**

Linda Kemshall 2001

Woodinville, WA: Martingale & Co.

(Available to borrow through the Ottawa Public Library)

This book is written in an engaging and accessible manner and contains all the information that anyone needs to easily follow the process of transfer painting. What is interesting and unusual about this technique is that one paints first on paper and then transfers the design to fabric. The fabric in question must be a good quality poly-cotton or one that is fully synthetic, with the proviso that it be able to take the heat of the iron, by which the actual transfer is accomplished. The paints and method have been produced specifically for synthetic fabrics and are not recommended for natural fibres like cotton, silk, wool, etc.

Special effects can be created by a host of methods including plastic wrap, salt, sponging, masks and stencils, discharge printing, monoprinting, and more. Kemshall demonstrates a great range of approaches that are sure to inspire would-be fabric painters. Her samples are both vividly colourful and complex, thereby inviting the eyes to delight in what she has produced.

After reading and savouring this book, I went to Kemshall's website:

[www.lindakemshall.com](http://www.lindakemshall.com)

She is a master art quilter based in the UK, with many shows to her credit, and she also teaches online City & Guilds courses. Her gallery is quite breathtaking and after reading the book, one can examine some of her pieces with a more informed eye – one more able to discern where she might have used transfer painting to create some of her lovely masterpieces.

I am pleased to be able to recommend this book for two reasons. The first is that Kris Broadhead and I both had a chance to learn the transfer painting technique from Sylvia Naylor this past summer at the Haliburton School of the Arts. We have a lot to learn but found that it could indeed provide some interesting results that merit much more exploration. Because of these first tentative steps, I appreciated the simple yet comprehensive approach that Kemshall has used in her book and am excited by the fabric possibilities.

The second reason I am pleased to recommend this book is an indirect recommendation of the technique from Sylvia Naylor herself. She uses transfer painting, and other direct fabric painting techniques to create the backgrounds and skies for many of her free motion stitched landscapes. Some of Sylvia's recent works can be seen at:

[www.canadahouse.com](http://www.canadahouse.com)

Like Linda Kemshall, Sylvia too is a master artist with the transfer painting technique. Seeing what can be done is a joy, an inspiration, and a challenge to explore beyond the box.

## Calls for Entry

### **City of Ottawa Call to Artists: Community Galleries Selection 2006**

Entry Deadline:

Friday, November 17, 2006 at 4:30 p.m.

For more information:

[http://ottawa.ca/city\\_services/culture/arts/calls/galleries\\_2006/index\\_en.html](http://ottawa.ca/city_services/culture/arts/calls/galleries_2006/index_en.html)

### **12<sup>th</sup> Annual Ontario Juried Quilt Show**

The Ontario Juried Quilt Show Committee invites individual quilters, quilting guilds and groups to participate in our 12<sup>th</sup> annual juried competition.

Submission deadline: March 20, 2007

NEW: Open to all residents of Canada.

For more information and an entry form visit

<http://www.quiltcapitalfestival.com/>

*Threadworks 2007*

### **Passions!**

#### **Call for Entry**

The Ontario Network of Needleworkers and Wellington County Museum & Archives invites you to enter this juried show of creative needlework.

What stirs your emotions? What do you love?

Perhaps "Passions" makes you think of luscious colours, favourite hobbies, a special mission of some kind, a profoundly held belief, maybe it's your work, or a part of the world, or your partner, or your family, chocolate even.

Shipped entries: Arrange for delivery to Wellington County Museum & Archives (WCM) between April 16 and April 18.

# Out of the Box

November 2006 Newsletter

Hand-delivered entries: Will be received on April 19 and 20, between 10:00am and 4:00pm at WCM, #0536 County Rd 18, between Fergus and Elora, ( 519) 846-0916.

For more information and an entry form visit:

<http://guelpharts.ca/threadworks/>

## The Grand National 2007: Fantasy

Kitchener-Waterloo Art Gallery (KW/AG) and the Joseph Schneider Haus Museum invite quilt artists from across Canada to explore the idea of Fantasy and participate in a thematic exhibition of quilts which celebrates imaginary worlds and dream-like visions.

May 12 – July 1, 2007

[www.grandnationalquiltshow.ca](http://www.grandnationalquiltshow.ca)

## Upcoming Events

### “Threads”

Dale Smith Gallery is pleased to present "Threads", an exhibition and sale of recent paintings by Chelsea artist Marion Fischer. The paintings in this new series are inspired by the colours and patterns of fabric design. One of the artists who influenced this body of work was celebrated 20th century British designer William Morris and his rich aesthetic certainly runs through the 'threads' of Ms. Fischer's canvases.

"For me, the process of pattern creation holds enormous intrigue. The initial template may be simple or complex; the images may be chosen for design, metaphoric, symbolic or narrative reasons. Watching the emergence of evolving patterns holds an element of surprise that I find completely magical."

You may preview the paintings on Thursday, November 16. Please contact the gallery for more information or to receive images of the exhibition pieces.

Dale Smith Gallery  
137 Beechwood Ave.  
Ottawa, Ontario  
K1M 1L4  
Tel: (613) 321-0101  
E-Mail: [dale@dalesmithgallery.com](mailto:dale@dalesmithgallery.com)  
Web: [www.dalesmithgallery.com](http://www.dalesmithgallery.com)

Creativity comes from trust. Trust your instincts. And never hope more than you work.

Rita Mae Brown

## The Stables Art Studios Open House 2006

November 17, 18, 19

155 Loretta Ave. N., Ottawa

[www.thestables.mediavessel.com](http://www.thestables.mediavessel.com)

Friday opening, 7:00 – 11:00 p.m.

Saturday, 11:00 am – 6:00 pm

Sunday, 11:00 am – 5:00 pm

## Workshops

### Workshops with Local Artists

#### Landscape Design with Joan Bechthold

Common Thread Quilt Guild

November 18, 2006

South Fallingbrook Community Centre, Orleans

Members \$35.00; Non-members \$45.00

Kit supplied for the project. Contact Joan or the Guild if interested.

### Workshops with out of town artists

#### Designing from Nature – Ruth McDowell (USA)

**Level:** Beginner to Advanced

**Date:** September 6, 7, 8, and 9, 2007

**Cost:** \$400.00 for 4 days

**Location:** to be determined

#### **Course description:**

After an initial slide presentation focusing on the translation of images from nature into quilts, Ruth will discuss her machine piecing methods and techniques. Each student will be encouraged to begin their own pieced design, using subjects and techniques attractive to them. Suggested reading: Piecing – Expanding the Basics, C&T Publishing.

### Bravo Studios Art Quilt Lecture and Workshop Series

Ellen Anne Eddy - FULL

Thread Magic I and II

December 1 – 3, 2006

#### Melody Johnson – CANCELLED

replaced by

Laura Cater-Woods

**Tempting the Muse: Beyond the Surface**

**January 26 – 28, 2007**

Barbara Olson

Responding to the Surface, 'Nature's Language'

March 23 – 25, 2006

# Out of the Box

November 2006 Newsletter

To register, please contact Jody Taylor at [bravoshow@sympatico.ca](mailto:bravoshow@sympatico.ca)

Additional workshops are also planned with Karen Eckmeier (February 2007) and Phil Beaver (December 2007).

## Out of Town Workshops

### **Workshops with Gunnel Hag**

Exciting workshops at the bright, new Colour Vie studio at 222 Symington Ave. in Toronto. To find out more about the workshops, the Colour Vie Pigment System and upcoming events go to [www.colourvie.com](http://www.colourvie.com) or just call at 416-532-7435 (in the Toronto area) or 1-877-425-8379 (toll free).

Nov. 18, 2006

"Screen Printing on Fabric 101"  
One Day Workshop. \$95 (+GST)

Nov. 25, 2006

"Quilters' Special: Create Fat Quarters in Glorious Colours"  
One Day Workshop. \$75 (+ GST)

Nov. 26, 2006

"All That Glitters"  
One Day Workshop. \$75 (+GST)

Dec. 2 - 3, 2006

"Screen Printing on Fabric 201"  
Two Day Workshop. \$190 (+GST)

## **Fibreworks Kingston: Weekend Workshops**

Elaine Quehl  
Beyond Stippling  
November 17 – 19, 2006

Valerie Hearder  
Small Scale Landscapes  
March 9 – 11, 2007

Sandra Meech  
Creative Sketch and Stitch Books  
April 13 – 15, 2007

To register please contact Beth Garner, Fibreworks Kingston Registrar, at [garner@kingston.net](mailto:garner@kingston.net), 613-376-6150.

## **Websites**

The Art Quilt Reviews site provides reviews of art quilt exhibits on a timely basis.  
<http://artquiltreviews.wordpress.com/>

Fibre Arts Connection of Southern California  
<http://www.fiberartsconnsocial.org/gallery.html>

Committed to Cloth is a site dedicated to raising the profile of textile art in the UK.  
<http://www.committed-to-cloth.com>

The Fibreworks biennial juried exhibition at the Cambridge (Ontario) Galleries provides a premier national overview of current activity in the fibre art medium. 2006 marked the 20<sup>th</sup> anniversary of this exhibit.

<http://www.cambridgegalleries.ca/cambridge.taf?section=1>

For a story about the exhibition, click here:

<http://www.cambridgenow.ca/npps/story.cfm?id=450>

Friends of Fiber Art International is an organization dedicated to telling the world about "the art medium of the 21st century – fiber!"

[http://206.204.3.133/dir\\_nii/nii\\_dat\\_fiber.html](http://206.204.3.133/dir_nii/nii_dat_fiber.html)

## **Minutes of the October 17, 2006 Out of the Box Meeting**

Minutes by Pat Caffery

In the absence of Neera Huckvale, Wendy Foster chaired the meeting.

1. Guests were welcomed
2. Karen facilitated a great show and tell with presenters giving a few details of their work and their inspiration. Three new members participated.
3. Elena had the cards for the Mississippi Valley Textile Museum show.
4. Kit and Margaret gave a most interesting presentation on The Elements and Principles of Design. They certainly put a lot of work and research into the presentation which will be most useful for everyone.
5. Mary advised that our membership is currently at 34 and that three new members presented their work during show and tell. Bev volunteered to act as backup for Mary who will be away for the November meeting.
6. Elena advised that the opening for the Elements show at the Mississippi Valley Textile Museum is November 1<sup>st</sup>. The show will be hung on October 30, and Elena will be looking for volunteers to help take it down on January 28<sup>th</sup> at 4 pm. Elena will be away from November 12<sup>th</sup> until December 28<sup>th</sup>. Meredith has volunteered to deal

# Out of the Box

## November 2006 Newsletter

---

with any emergencies during Elena's absence. 25 members with approximately 35 – 40 pieces are participating in this show.

7. Lynne Morin presented an idea of journaling to the group which would involve trying new techniques (as found in Quilting Arts). She will prepare a proposal and send to all members via email.

### Notes of the October 24, 2006 Planning Committee Meeting

Minutes recorded by Neera Huckvale

#### 1. Show Binder

Magda has volunteered to organise a "show binder" to assist those members who will be organising future shows. The Planning Committee thought it would be useful to have a check list and had several ideas about what the binder should include:

- i. list of "to dos" prior to the show
- ii. requirements for hanging a show
- iii. insurance
- iv. normal expenses to help establish a budget
- v. biographies, including guidelines for members who have no experience in developing biographies.
- vi. publicity

Any OOTB members willing to share their experiences in organising shows should contact Magda at ourpost@rogers.com . Maybe someone has information from another organisation upon which we could build?

#### 2. Need for a Publicity Co-ordinator

The consensus is that it would be desirable to have someone assume responsibility for coordinating publicity and marketing activities of the group. "Coordinating" would include working with show organisers and anyone involved in publicity and OOTB documentation (newsletter, postcards etc) to ensure consistency of presentation of OOTB info. Marketing would include collecting ideas from members about suitable opportunities to show OOTB work and presenting opportunities to members for consideration. This person would also be a member of the Planning Committee. Any volunteers? please indicate your interest to Meredith at mfilshie@rogers.com before the next meeting.

#### 3. Name tags

We would like to urge members to make name tags to wear at meetings. Not everyone knows everybody in the group and some of us have the odd memory gap from time to time! Name tags help to make it easier

for new members and guests. We are suggesting having a target of the first meeting in January to have name tags finished. We could consider having a basket for those who are prone to forgetting and who want to leave their "tags" at the end of each meeting. A member would be responsible for bringing them to subsequent meetings.

#### 4. Additional Meetings

We had a lengthy discussion of adding more time to current meetings for people to talk about what they have seen, heard or done that has inspired them recently. This led into a discussion of whether we might organise another meeting once a month . Mary Pal will look into whether we can get another evening at the Ottawa Citizen. This idea will be discussed at the December OOTB meeting to get input from members.

#### 5. Next Meeting

The next meeting of the Planning Committee will take place on Tuesday, January 9th at 5:30. OOTB members are welcome to attend any meeting of the Planning Committee. Please advise Meredith ([mfilshie@rogers.com](mailto:mfilshie@rogers.com)) as there are some space limitations.

#### Top 10 Creative Rules of Thumb:

Author: Charles Chic Thompson

1. The best way to get great ideas is to get lots of ideas and throw the bad ones away.
2. Create ideas that are 15 minutes ahead of their time...not light years ahead.
3. Always look for a second right answer.
4. If at first you don't succeed, take a break.
5. Write down your ideas before you forget them.
6. If everyone says you are wrong, you're one step ahead. If everyone laughs at you, you're two steps ahead.
7. The answer to your problem "pre-exists." You need to ask the right question to reveal the answer.
8. When you ask a dumb question, you get a smart answer.
9. Never solve a problem from its original perspective.
10. Visualize your problem as solved before solving it.