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### **Words of Wisdom**

You can't fake it. To produce anything worthwhile requires a lot of work." ~ [Ed Horlbeck](#)

### **OOTB Program Lineup 2015:**

**April 10-11** - Fibre Fling 4, Kitchissippi United Church hall

**mid-April to mid-May** – 12x12 Colour Challenge 'Magenta' window display at Wabi Sabi

**April 20**, 7:00pm – Post FF4 discussion, member Show & Tell

**April 27**, 9:30am-3:30pm Member Playdate (design elements & principles with Lynn Ruff)

**May 18**, 7:00pm – Guest: Calligrapher Richard Draffin

**June 8**, 9:30am-3:30pm Member Playdate: landscapes on post cards with Juanita Sauve

**June 11-12**, 9:30am-4:00pm – OOTB class: Intro Eco Printing with Wendy Feldberg held at Wabi Sabi

**June 15**, 7:00pm – Using recycled objects in your artwork – member demo

### **Playdates**

What is a Playdate?

A Playdate is a date with your artistic self. It is an opportunity for our members together, practice art and share ideas. Each Playdate starts with a practice exercise led by an OOTB member. The exercise consists of design, creativity and techniques that the Playdate leader uses in his or her art. Playdate participants can choose to participate in the exercises, or work on their own projects.

#### Where, How Many, Time and Cost

Playdates take place at the Kitchissippi United Church Hall, located at 630 Island Park Drive in Ottawa. There is free parking in designated areas and members can bring a lunch to eat in a communal kitchen. Coffee and tea milk are provided throughout the day.

There are two sessions of three Playdates with a total of 6 Playdates per year.

Playdate days start at 9:30 am and finish at 3:30pm

The cost of each session is \$10.00 per Playdate or \$25.00 for all three.

You can register for Playdates at OOTB meetings or by e-mailing Lynn Ruff at [lynnandjack@hotmail.ca](mailto:lynnandjack@hotmail.ca)

#### The Next Two Playdates

Dates for the next two Playdates are April 27 and June 8, 2015.

All the Playdates are on Mondays but not the same date as the OOTB meeting nights

April 27 Leader is Lynn Ruff. The discussion topic is Elements of Design Principals. There will be handouts with information on elements and design principals and how to critique your work. Participants will be asked to take in 2 to 3 art pieces they can critique.

June 8 Leader is Juanita Sauve. The techniques and design of landscape postcards.

June 8<sup>th</sup> playdate is full. You can put your name on a waiting list and if someone cancels you will be contacted.

### **New Program Committee Members**

Program Committee is delighted to announce that Roberta Russell and Cheryl Brooks have joined us.

They will be helping with playdates and organizing meetings. Welcome ladies!

### **June 2015 OOTB Meeting**

For our June 2015 meeting we have chosen the theme of using recycled items in your work. We were thinking of items such as tea bags, plastic bags, bottle tops, etc. If you are interested in showing the group how you incorporate recycled items in your work at the June meeting contact Cheryl at [cheryl.brooks50@yahoo.ca](mailto:cheryl.brooks50@yahoo.ca) We're looking forward to being inspired.

### **Eco Printing Workshops**

Registration for the Eco Printing workshop June 11-12 is now full and we have a few people on the waiting list. If you are interested in a workshop on Eco Printing please let me know and you can join the waiting list [connietb@sympatico.ca](mailto:connietb@sympatico.ca) Once we have six we may be able to organize another workshop in July 2015 at Wabi Sabi. It would likely also be a Thursday and Friday. Here is the workshop description:

At Wabi Sabi, 1078 Wellington Street, Ottawa  
9:30 – 4:00 both days  
30 minutes for lunch.  
Last date to register: May meeting of OOTB

Number of participants: six



Fees: \$145 payable to OOTB.  
Please note this is non-refundable but you may find a replacement.  
\$5 (max) for basic supplies\* payable to the instructor at the first class

- Parking, restaurants and cafes nearby (Hintonburger, Bridgehead)

Ready to embrace a new fibre addiction?  
Participants will gain hands-on experience making eco prints on textiles and paper using plants locally available from gardens, kitchens, wayside or florists.

The class will cover:

- Preparing fibres to receive the dyes and conditioning them later
- Selecting appropriate plants and plant parts for dyeing (NB: NO poisonous plants may be used, e.g. Lily of the Valley, Monkshood)
- Processing plants and fibres to get a good print
- Planning and adjusting the colours
- Contact printing, solar dyeing, rusting and plant pounding
- Resources for future reference (plant lists, dye colours, process notes etc)

Participants can expect to take home several samples of eco printed substrates to use in future fibre art projects as well as ample resource materials.

Note\* on basic supplies:

Wendy will supply basic materials such as scouring agents, mordants, dye assistants, powdered natural dyes, etc., a selection of plants, handouts for future reference, and a small set of textiles and papers for sampling.

Wabi Sabi has on hand natural dye powders for participants to purchase, as well as silk chiffon scarves useful as eco print substrates.

Once registration is complete, Wendy will email the participants with more information about plant materials, textiles and paper to bring, preparation to do (as needed) and be available for questions.

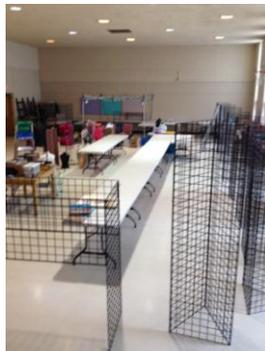
#### **IMPORTANT Health and Safety note:**

Some people are allergic or sensitive to certain plants and chemicals commonly used for natural dyeing; some plants are dangerous for everyone (Lily of the Valley and Monkshood are two, as previously noted). Participants must be duly diligent and take full responsibility for obtaining information of this sort; the instructor can only speak for herself and share "best practice"

If you are interested in the Eco Printing workshop please let me, Connie ten Bruggenkate, know at the next OOTB meeting or email me at [connietb@sympatico.ca](mailto:connietb@sympatico.ca)

## **Fibre Fling 4**

What a fabulous show. Just a couple of pictures so you can see the "before".



Those who were there may have noticed a videographer, Liana Voia, following several of the artists around. You can check out some wonderful videos on YouTube of 26 of our members discussing their process and their art, as well as a rapid fire view of the take of Fibre Fling 4 at:

<https://www.youtube.com/channel/UCd315IkNIFgOfEJxKwu4Vg/videos>

## **Library News**

Hello OOTB library users. A couple of notes for you to remember.

Please return your overdue library books and DVDs. Other members would like to use them.

Several new books will be available at Monday's meeting. Some are purchases and some are donations.

Bring your money. Many of our donations are magazines that are of interest but may be duplicates. They will be on sale at 3 magazines for \$2. Books that do not get borrowed will be on sale at \$5 or as priced. This money earned will go into the library budget for future purchases.

Many thanks  
Rita

## **Out of Town Shows**

In Quebec

One vendor who will be at the Beaconsfield Quilt Show this year is L'Atelier Penelope from Quebec City. Patricia Cote always has spectacular embroidery threads and unusual merchandise for embroiderers if you are in the mood for a road trip. The Beaconsfield Quilters Guild is celebrating 35 years of quilts and textile arts this year. Their quilt show is on May 2, 10am

-5pm and May 3 10am-3pm at the Centennial Centre, MacDonald campus, McGill University, 21 111 Lakeshore Rd. in Ste Anne de Bellevue. The Beaconsfield Guild have a great colour challenge to see: 24 pieces based on Joen Wolfron's colour palette.

Another guild, the West End Quilters, has a show on the same weekend, at St. Ignatius of Loyola, 4455 West Broadway in NDG (Notre Dame de Grace). Apparently they will have a number of vendors.

## **Coral Reef**

The Espanola Fibre Arts Festival, in conjunction with the Espanola Public Library, is reaching out to fibre artists & related businesses, to receive support for our community art project - Fibre Art Coral Reef. We are inviting fibre artists to create sea creatures and coral structures and submit them until September of this year. Then, we will create a massive fibre art coral reef installation that will be unveiled during the 4th Annual Espanola Fibre Arts Festival on October 17th.



We are looking for volunteer artists to create pieces, free patterns for the creation of sea creatures & coral reef structures and help with promoting our project. Our goal is to represent as many fibre artists as possible from across the globe.

I invite you to visit our Facebook page at [www.facebook.com/espanolafibreartsfestival](http://www.facebook.com/espanolafibreartsfestival) or our web site at [www.espanolafibreartsfestival.ca](http://www.espanolafibreartsfestival.ca). I have also included our February media release that provides a bit more information about the project.

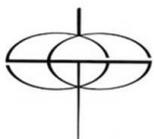
If you can support us in any way, we would love to hear from you.

Kind regards

Jody Pilon  
Coordinator  
Espanola Fibre Arts Festival  
[705 583 2326](tel:7055832326)

**Toronto Guild of Stitchery**

**You're Invited!**



*The Toronto Guild of Stitchery  
is celebrating 40 years of stitching!*

*To celebrate that we are  
"Fabulous at Forty"*

*We are hosting an Open House!*

*When: Saturday, May 2<sup>nd</sup>, 2015*

*1:00 p.m. - 4:00 p.m.*

*Where: Friendship & Community Rooms*

*Blythwood Road Baptist Church*

*80 Blythwood Road,*

*Toronto, Ontario*

*Please join us as we share the many talents of our Guild members. Light refreshments will be served. There is limited parking (no parking on the street) so public transportation is recommended.*

*Please use the East Entrance*

**Please RSVP to :** [fabat40@tgsweb.ca](mailto:fabat40@tgsweb.ca)

**Meetings**

Meetings are normally held the third Monday of the month, from 7:00 p.m. to 9:00 p.m. at the Ottawa Citizen Main Floor Board Room, Baxter Road, Ottawa.

Submission deadline for the May Newsletter is May 10, at 5:00 pm.

**Really Bad Weather & Meetings**

If there is any weather condition that makes travel risky, members will be notified by e-mail by 4:00 pm the afternoon of the meeting. If you do not have email or cannot access email at work, please partner with someone who has access. Members should NOT call the Citizen for this information as nobody there would have it. (They lend the facility to organizations for a nominal fee and do not want any involvement in administrative matters).

**Planning Committee**

PC Convenor	Sally Rutherford & Nancy Garrard
Programs	(Doreen Meyer), Lynn Ruff, Connie ten Bruggenkate, Suzanne Caron-Richer, Roberta Russell and Cheryl Brooks
Secretary	Meredith Filshie
Membership	MaryAnne Toonders
Treasurer	Sandy Goldsmith
Web-coordinator	Sally Rutherford
Newsletter	Helen Gordon
Library	Rita Rottman
Publicity/Marketing	Open
Shows	Rita Rottman & Meredith Filshie
Contacts: <a href="mailto:info@outofthebox.org">info@outofthebox.org</a>	

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